

Level 2 Modifications (1st and 2nd Grade)

Goal Height	8 Feet
Ball Size	25"
Rule	Explanations/Comments
Games consist of six, 6-minute segments and an 8-minute halftime. One minute is allotted for substitutions between segments.	This keeps games to approximately an hour time frame.
Score is not kept	Young athletes at this age should not focus on the score but rather the developmental skills being taught
3 second lane violation is not called	Young athletes at this age should focus on offensive basics (dribbling passing, shooting, and rebounding)
Coaches are allowed to walk the sidelines to encourage and instruct players	The focus is for coaches to instruct and encourage players at all times
Free throws are awarded on all shooting fouls	Two shots are attempted by the fouled player at the 10' line. Coaches may quickly come onto the court to line up remaining players in proper free throw positions. After the second shot, the ball will be inbounded by the opposing team, regardless of shot result.
Stealing the ball off a dribble or pass is allowed Double dribble violations are called in all circumstances Traveling violations are called in all situations Fast breaks are allowed in any transition situation	Players at this age should be taught and held to these basic basketball rules