

LEVEL 1 MODIFICATIONS (K5)

Goal Height	8 feet
Ball Size	25"
RULE	EXPLANATIONS/COMMENTS
Games consist of six, 4-minute segments and an 8-minute halftime. One minute is allotted for substitutions between segments.	This keeps games to approximately a 45-minute time frame. It also allows each player to be in the game for shorter segments than older age divisions.
Score is not kept	The focus of this age is to learn fundamentals, not winning and losing
3-second lane violation is not called	Referees should advise players of this potential violation but not penalize.
Coaches allowed on the floor with players	The focus is for coaches to instruct and encourage players at all times.
Stealing the ball from the dribbler is not allowed	To encourage the offensive player to dribble with correct form without the pressure of having the ball stolen
Stealing the ball off a pass is not allowed	To encourage the offensive player to pass with correct form without the pressure of having the ball stolen
Violation is not called for having two hands on the ball while dribbling	Due to limited hand-eye coordination, this allows a player to establish correct dribbling form through rhythm and pressure on the ball
Violations for double dribbling and traveling are called but does not result in a turnover	Players should learn the concept of double dribble and traveling but should be allowed the opportunity to correct it without penalty. Stop play, bring player back to the point of the violation and have them pass or shoot the ball.
Violation for traveling is not called when a player shuffles their feet when trying to set up for a shot	Because this age group is single skill focused, players will tend to shuffle their feet when focusing on setting up for a shot. This is corrected as the player develops in skill as he gets older.
Fast breaks are not allowed in any transition situation	This promotes a controlled game. Players at this age learn better when the pace is controlled
Shooting fouls do not result in free throw attempts	A player who gets fouled while shooting gets to retry his/her shot from the spot of the foul without being defended. Ball is live after shot is attempted. This allows a player to attempt a shot that he/she was trying to take prior to the foul from the same spot.