I’m interested in volunteering!

Youth sports provide an opportunity to learn about a sport, healthy competition, life lessons and having fun but it can’t happen unless you play your part by volunteering. Each opportunity to volunteer will consist of being trained. Using the following link will ensure that your information is put into the system accurately and quickly. Volunteer Application Link: <https://registration.upward.org/upw69695/volunteer>

❏ Head Coach

Impact the lives of young athletes by volunteering as a head coach! We will be there to support you along the way with all the resources you will need to lead your team. TIME COMMITMENT: 3 hours a week (1 hour practice; 1 hour game; 30 minutes – 1 hour prep time) **Please be as flexible as possible**; if you don’t have a child playing please consider coaching **whatever age level needs you**. We will not know until after registrations are over how many teams and coaches we need. This is what we are planning for: **Four** Kindergarten coaches, **Six**- 1st-2nd grade boys coaches, **Four**-1st-2nd grade girls coaches**, Six**-3rd-4th grade boys coaches**, Four**- 3rd-4th grade girls coaches, **Four**-5th-7th grade boys coaches and **Four**- 5th-7th grade girls coaches.

❏ Assistant Coach

Make a difference by helping the head coach lead the team. TIME COMMITMENT: 2 hours a week

(1 hour practice; 1 hour game)

❏ Evaluation Volunteers

The first impression a family has of their Upward Sports league will be at evaluations. Help make sure our league provides the most exciting and welcoming experience possible. Volunteer to help our league evaluations by running stations, welcoming parents and athletes, and providing directions around the facility. (Evaluations are held on December 9th, 10th and 12th, from 6:00-7:30 PM)

❏ Referee

Do you have a passion for the sport and a working knowledge of the rules of the game? We need your help in teaching the game by enforcing the rules. TIME COMMITMENT: 2-4 hours a week

❏ Prayer Partner

We need people who will be committed to praying each week for our season to change lives

❏ Scorekeepers

Help by keeping the time and score for games.

For more information on these and other opportunities, email Jody Basson at [jodyb@nbcvaldosta.org](mailto:jodyb@nbcvaldosta.org)